



Shore Lines

The Newsletter of the Saratoga Lake Association

Pat Tuz

Rowers enjoying the water, June, 2023

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President's Letter

It's great to see boats of all kinds, paddle boards, kayaks and other crafts back on the Lake...summer fun in full swing. Let us hope all can enjoy the jewel that is Saratoga Lake and do so safely the entire season.

We have a lot going on this summer and fall. I hope that many of you will be able to join in our annual summer party at the Saratoga National Wednesday evening, July 12. Our Events Committee has done a great job planning the event as Pat Tuz, our Shore Lines editor, describes in her accompanying article. Later in the summer we will be conducting a "floating classroom" event to be held on the "General Schuyler" tour boat. This will be a wonderful opportunity for folks, young and old, to learn more about our Lake and its environs. No doubt, many of you notice the large road signs saying the SLA has "adopted" a long stretch of Route 9P. We will be looking for volunteers this fall to help revive the periodic "clean-ups" that have not been done in some time because of COVID restrictions.



We will keep you posted on these and other activities through this newsletter.

I am very happy to announce that the Board of Directors has completed the first ever Saratoga Lake Association Strategic Plan. This all-volunteer Association has existed in different forms since the mid-1930s and has been in the forefront advocating for the Lake. While circumstances have changed over the years, our mission has not. We undertook the Strategic Plan last year to assure we are effectively addressing issues as we face them today. Based, in great measure, on the feedback we got from our survey of SLA members, government officials and other stakeholders on the Lake, the Plan provides a solid framework for planning and prioritizing activities that will enable us to continue making a difference. Among priorities described in the Plan is reinforcing partnership with the Saratoga Lake Protection and Improvement District and other organizations with common interests. I am excited about plans to increase SLA membership participation in these efforts; without this, we will not succeed.

Please take a few minutes to read the article in this Shore Lines edition on the Plan. Thanks to all who helped produce it.

Happy Summer! Please join us at the Saratoga National on Wednesday night!

Hub



Editor's Notes

We look forward to catching up with friends at the Saratoga Lake Association's annual Summer Party, this coming Wednesday, July 12th from 5:00 - 8:00pm at Saratoga National. There will be plenty of good food and a Silent Auction with lots of items including a golf package for four to Saratoga National, 2 classical season lawn passes at SPAC for the 2023 season, a box at the Saratoga race track, gift certificates to 550 Lake, Carson's, 9 Miles East, Hearth and Harvest, a garden basket and Gift Certificate to Balet Nurseries, as well as dance club membership for one month to Dance Fire Studios. Values range from \$50-\$600. We will have T-shirts available to guests from an anonymous donor (see above picture), music from Lafayette Hill, and more!

Click [HERE](#) to RSVP for the July 12th party at Saratoga National, from 5:00 - 8:00, or you can pay at the door. Email patriciatuz@yahoo.com to let us know that you are coming.

Equally exciting is the Adirondack Cruise Lines and Saratoga Lake Association sponsorship of "The Floating Classroom". You get a ride on the

historic General Schuyler and you learn about our lake, its history and the lake ecosystem. You can read more below and/or click [HERE](#) to register for this FREE event. It will take place on July 28th, from 9:00 - 10:30. The General Schuyler docks at the Saratoga Lake Marina at 549 Union Ave, Saratoga Springs, NY.

Please read on about how the lake determines the water levels from John Cashin, and "Are we at the "Tipping Point" with our lake's health, by scientist Dan Buckley, and The Fishing Professor's tale about fishing in the wildfire haze.

Most of all, enjoy the lake this summer, and let's learn how to take the best care of it for future generations.

Editors

Pat Tuz

Joe Schwartz

Below: Your SLA Board getting a demonstration of The Floating Classroom.



A decorative invitation for a summer party. It features a central photograph of an outdoor patio area with blue umbrellas and people dining. The text is arranged in a central column, with decorative floral and leaf borders in the corners. The text includes the event name, date, location, time, and ticket prices, along with handwritten-style notes about the menu and entertainment.

Join friends
at the Saratoga Lake Association
for our annual
Summer Party
Wednesday, July 12th, 2023
Saratoga National Golf Course patio
458 Union Avenue
from 5:00 - 8:00pm

*Delicious
Buffet & Cash
Bar* *Live
Entertainment!* *Silent Auction!*

Members: \$55. Non-Members: \$65
[Buy tickets HERE!](#)

Click link below to RSVP for SLA Party!

https://mcusercontent.com/5098bd5cdc8710a0a8d821602/files/cc9344af-5f4f-7d46-1d42-2f27f127b0ab/SLApartyinvite6_3_23.pdf

Join us on July 28th on "The Floating Classroom"

The Floating Classroom is an educational experience designed for children and adults to promote the education of the lake and learn about lake ecology! This 60 min hands on cruise teaches the importance of water quality, pollution, food chains and the prevention of invasive species!

On July 28th from 9:00 - 10:30, Adirondack Cruise Lines and the Saratoga Lake Association will sponsor a "Floating Classroom". Please join us for this hands-on experience to learn about our lake and the importance of taking care of it.

Click [HERE](#) to register for the Floating Classroom.



Saratoga Lake Association Strategic Plan

Since 1936, Saratoga Lake Association (and its predecessor the Saratoga Lake Property Owners Association) has been at the forefront of advocating for the environmental quality and natural beauty of Saratoga Lake and its extensive watershed.

As an all-volunteer organization, SLA's capacity to address issues and build partnerships changes over time. We started this strategic planning effort during a time of transition. We were challenged by the pandemic that caused a halt to our regular social events and volunteer activities. This along with rapidly changing developments around the Lake and leadership changes prompted the Board of Directors to initiate this strategic planning effort in May of 2022. We considered it an ideal time to clarify SLA's role because, in addition to these challenges and changes, the role of the Saratoga Lake Protection and Improvement District has grown, and we realized the need to strengthen relationships with many of the other organizations around the Lake.

We started planning by listening to members, partners, municipalities, and other organizations. Through an online survey and interviews, 214 people told us about their love for Saratoga Lake, their concerns, and what they thought about SLA.

Some key observations and perspectives of survey takers and interviewees are as follows.

- Virtually all expressed love of the Lake and gave a variety of reasons for this. Leading the survey were its natural beauty (48% of respondents), clean water (46%), power boating on the lake (45%), and spending time with family and friends.
- Survey questions and interviews sought to understand what concerns stakeholders have related to the Lake. The top issues on a scale of 1-5 included harmful algae blooms (4.49), followed closely by aquatic invasive weed growth (4.48), and pressure to develop open land into housing, second homes, camps and business (4.36). Related to the development issue was potential stormwater run-off into the Lake (4.33). Several of the interviewees were professionals who suggested that stormwater comes not only from new development; some consider the majority of the runoff is from existing homes and yards.
- Increased boat traffic was also a safety concern (4.12). Over the past 10 years boat traffic was perceived by respondents to be "much worse". The boating experience and aquatic invasive species were described as "somewhat worse." "About the same" were the swimming experience, water quality, boating access and shoreline access. "Not known" was the fishing experience.
- In response to questions about what the SLA does well, respondents overwhelmingly felt SLA was effective at informing the community

concerning those issues of importance facing the Lake (75%) and advocating for Saratoga Lake (73%). Areas to be strengthened included holding social gatherings/events (39%) and working with other organizations (23%).

Vision, Mission and Goals

With a broad vision that Saratoga Lake remain a rich and beautiful natural resource for generations to come, we reaffirmed the SLA mission statement which is to promote and enhance the environmental quality, natural beauty, and safe recreational use of Saratoga Lake through education, community engagement and advocacy.

Based on what we learned from our stakeholder outreach and lengthy, past experience of Board members, we settled on four strategic goals. We established this framework to help identify specific initiatives and actions that we should undertake to meet our vision and mission. The goals are not mutually exclusive. Rather, they are mutually reinforcing. In some, if not many instances, planned activities will contribute to meeting several goals.

Goal 1: Inform and engage Saratoga Lake Association members and the broader community on important issues that affect our vision of the Lake.

Our stakeholder survey and interviews revealed that getting information out to members was what SLA does best. Shore Lines, SLA's long running and award-winning newsletter, continues to be the most important way that we share information with the community, followed by the SLA website and social media. In addition, we will continue activities and social functions like lake side road cleanup and social gatherings because they bring members together and build the kind of community spirit and teamwork that strengthens our ability to make a difference on matters vital to our mission. Education of our membership and others in the Saratoga region on issues like lake ecology will be a priority; conduct of "floating classroom" events is an example of what can be done.

Goal 2: Work collaboratively with partners throughout the watershed

We recognize that the Saratoga Lake Association can't realize our future vision alone. The actions and behaviors of many people, municipalities, and organizations throughout the Lake's large watershed affect what happens to Saratoga Lake. These, of course, include SLPID staff and commissioners. The SLA also shares common interests with the four surrounding municipalities, local organizations and businesses.

SLA has a long history of working collaboratively with other groups, however, we learned in our stakeholder outreach that we are not as well connected to other organizations as we need or want to be right now. The COVID pandemic led to some of this. We will build our capacity to stay connected with SLPID, the municipalities and the county on Saratoga Lake issues, and regularly communicate with the other Saratoga Lake-based organizations.

Goal 3: Advocate for a sustainable Saratoga Lake

SLA has been a vocal advocate for Saratoga Lake for decades. We have used our voices to successfully advocate adding sewers to the Lake, managing weeds and getting SLPID established in State law, preventing Saratoga Springs from using the Lake for drinking water, and drawing public attention to Snake Hill. We will continue to be a strong advocate for a vibrant and sustainable Saratoga Lake for generations to come.

In recent years, the SLA has weighed in on issues created by significant increases in boat traffic, congestion, commercial and residential development occurring along the shorelines and immediate vicinity of the Lake - activities observed by many survey respondents and stakeholders interviewed in preparing this Plan. In a few cases, the SLA Board has taken formal action involving new development. But there are limits to how much of this the SLA organization can or should do.

Staying within the SLA mission statement, the SLA monitors emerging issues (e.g., pros and cons of planned residential /commercial development) and find

appropriate ways to inform and educate our members and others in Lake community on what can be done to affect good outcomes. This includes speaking to how an individual's personal activities can affect the Lake environment and pointing to how they can get engaged in governmental processes that greatly influence, if not determine, outcomes.

Goal 4: Work together effectively so that SLA is a sustainable, effective, resilient organization.

Saratoga Lake Association is an all-volunteer organization. Our capacity to undertake many initiatives described in prior sections - to fulfill our mission and realize our vision -- will be limited by our ability to tap the "volunteer potential" that resides in our membership. We were encouraged that during our stakeholder outreach, membership renewal process and recent Board participation in the Saratoga Sustainability Fair, over 75 people said they would like to volunteer in various ways to support our mission.

We can use funds raised through dues and business sponsorships to tap outside expertise but there are severe limits to this capacity. The bulk of the effort will continue to come from Board members themselves and, more widely, people in our membership. The COVID virus negatively affected efforts to engage such members. We have made slow progress in recovering from this by forming committees of the Board focused on specific issues and initiatives. We need to continue strengthening Board structures, particularly as it relates to tapping into the talents and willingness of so many members who want to help out.

Plan Implementation

The Board will develop work/task plans to guide and track progress on specific events and initiatives we will undertake. Renewal of the Board's committee structure should help enable us to effectively manage implementation of the plan.

As an all-volunteer organization, the Board must be realistic about what it and members of the Association have the capacity to undertake. Setting of priorities and making sound judgements about what is within our sphere of influence and capabilities will remain an important function of the Board in its regularly scheduled meetings.

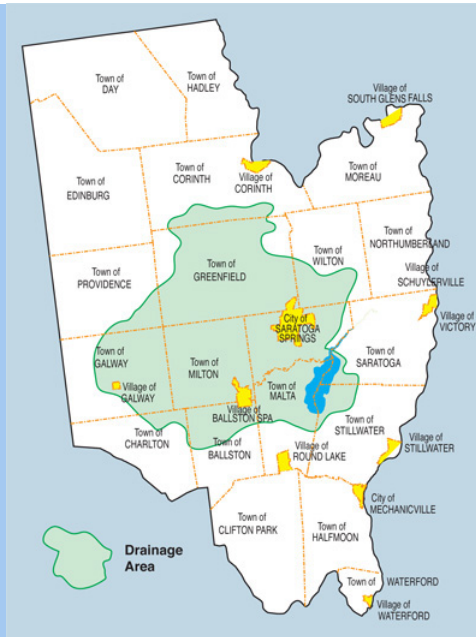
Plan Distribution

The Strategic Plan and accompanying Stakeholder Outreach Report are lengthy documents. We are assessing the most effective and efficient way to make these available to SLA members and other stakeholders, as appropriate. More to follow on this.

Saratoga Lake Water Levels

By John Cashin

Several SLA members have recently submitted questions to the Association seeking information on the fluctuating water levels of Saratoga Lake. While there is ample information on the subject on our website under the Lake Information tab, it might be worthwhile to explain how the water level is controlled throughout the year.



Drainage area of the Saratoga Lake Watershed

Saratoga Lake drains approximately 28% of Saratoga County's land area, encompassing 244 square miles in the central portion of the County. The drainage area includes portions of Corinth, Wilton, Saratoga, Stillwater, Malta, Ballston, Charlton, Galway and Providence, as well as nearly all of Greenfield, Milton and the City of Saratoga Springs. Its principal source is the Kayaderos Creek, but other culverts and minor streams supplement that supply. The average retention time of the water in the lake is approximately five months before it flows down Fish Creek and into the Hudson River.

This outflow from Fish Creek is controlled by a gate facility located at Winnies Reef. The dam and gates are owned and operated by Patriot Hydro based in Manchester, New Hampshire, which also owns the Victory Mills hydropower facility pictured below located behind the Victory Mills Building in the Village of Victory Mills.



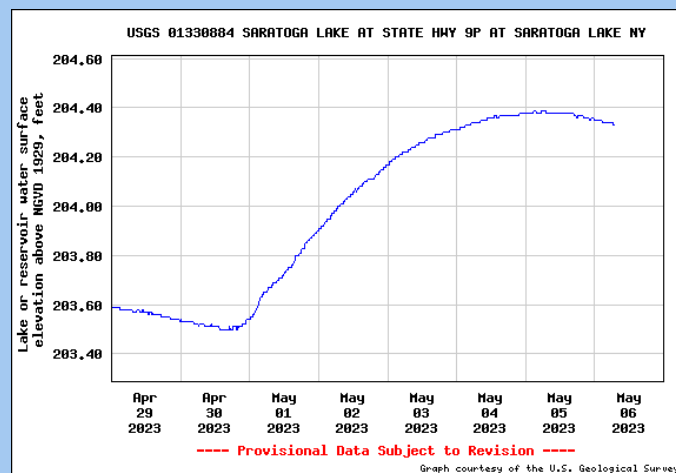
Patriot Hydro owns and operates 42 hydroelectric power plants across the United States. Its facilities are located in the Northeast, New England, Mid-Atlantic, South, and Western Regions of the United States. Its dam on Fish Creek is one of the twelve power generating sites owned by Patriot Hydro in New York State. The average annual power generated at the Victory Mills plant is 5,500,000 kWh—the annual sum of all high and low-production periods throughout the year. The average household in NY uses about 600 kWh/month (<https://www.electricitylocal.com/states/new-york/>), so

Victory's output is enough to power about 765 homes. More information on Patriot Hydro can be found on their website: <https://patriohydro.com/> and specific questions can be addressed to: info@patriohydro.com.*

Under a management agreement signed in 1987 with SLPID, the gate structure at Winnies Reef controls the outflow to maintain the lake's water level at no more than 204 feet above sea level. The ideal summer lake level is 203.3 feet above sea level. In the late fall, the lake is taken down to about 202 feet above sea level so that aquatic weeds along the lake shore are exposed and killed during the winter months.



The present Winnies Reef gate structure shown above was built in 1979, replacing a previous structure at the same location. From mid-October to April the dam operator allows the water to flow naturally through the dam to generate electricity. Over the late spring and summer months the gates can be closed. Whenever the water level at Winnies Reef reaches 203.3 feet the dam operator will open the control gates to allow water to flow out of Fish Creek to the Hudson River thus lowering Saratoga Lake to its agreed level. Electricity generation at the Victory Mills project is proportional to the outflow available from the Saratoga Lake watershed.



A live view of the Saratoga Lake water level like the screen shot above can be found on the Lake Association's website via the following link:

<http://www.saratogalakecam.com/>

*Personnel at Patriot Hydro could not have been more helpful in the preparation of this article.

Update on South Shore Marina Project

Since our last update, the proposed South Shore Marina development located at the intersection of Plains Rd and Rte 9P was reviewed by the Saratoga County Planning Board (SCPB) in a meeting held on June 15th. This followed a series of workshops held by the Malta Town Board with the developer, the New York Development Group.

In a letter to the Malta Town Board after the June 15 meeting, SCPB requested additional information. The SCPB stated “the proposed PDD is significantly more dense and of a higher intensity than what is currently allowed or contemplated in previous studies and evaluations, therefore warranting additional review by both local and county boards” (i.e., beyond usual town Planning Board level of review). The SCPB requested that, “due to the height of the structures and significant topography on the site”, viewshed analyses be performed “for a proper State Environmental Quality Review and to properly evaluate inter-community impacts associated with the project”. The SCPB also requested updated traffic counts be taken during the summer months to, among other things, account for “potential increase in recreational and seasonal activity associated with Saratoga Lake and its surroundings.”

So, at this point, the project is still under review. As mentioned in past updates, the Saratoga Lake Association has not taken a position on the development but considers it important to inform members of how they can become engaged and express support or concerns for the development if they so choose. Many local citizens attended and were given an opportunity to speak at the recent SCPB meeting, which is good.

Changes to Town zoning laws would be needed for this mixed-use PDD (planned development district) to proceed. A public hearing will be held by the Malta Town Board before it acts on the proposal. The date for that hearing has not been set at this point. Interested citizens are encouraged to monitor the Malta Town website (malta-town.org) for schedules.

The SLA will endeavor to post notice of this hearing as we learn when it will be held. Buildings in this complex will be among the most prominent waterfront structures around Lake as pictures below show. Comparison of structures as exist now and proposed

Comparison of structures, now and proposed, are below.





The Matching Game

By Jim DeMasi

Identify the invasive species by matching them with the below pictures (A - D).
Answers below.

1. Lilly pad
2. Eurasian milfoil
3. Curly leaf pond weed
4. Water chestnut

A.



B.



C.



D.



- A. Eurasian milfoil
- B. Curly leaf pond weed
- C. Water chestnut
- D. Lilly pad



Lake Ecology 101:

Trophic Status, Trophic Index and Tipping Points

By Dan Buckley

We've all heard the time-worn adage "an ounce of prevention is worth a pound of cure" regarding our health. It also applies to maintaining lake health. And while nutrients make us stronger, they don't always make our lake healthier.

Primary biological productivity in an ecosystem is the amount of organic material (plant growth) that is associated with a habitat through photosynthesis. If we use the example of a lake then we can talk about plant and algal growth occurring within the lake (this is referred to as **autochthonous productivity** or produced within the habitat) and plant material that was produced outside of the lake that enters the water such as fallen leaves, trees etc. is referred to as **allochthonous productivity**. The ratio of these two types of productivity in lakes differs depending upon various factors the most important of which is nutrient availability, specifically nitrogen and phosphorus. Newly formed lakes generally have low dissolved concentrations of nutrients in their waters. This leads to low primary productivity in lakes resulting in very clear, high-quality water and good oxygen concentrations from top to bottom. The term **oligotrophic**, meaning few or little productivity, is used to describe such lakes and typically such lakes have small watersheds and are comparatively deep. In some places across the country surface public water supplies protect their water quality by owning the entire shoreline around the water source and not allowing any development. This prevents the addition of nutrients into the lake associated with residential development and land clearing and decreases the need for water treatment which can be very expensive.

As lakes age over hundreds of years nutrients and soil from the surrounding watershed enters the lake, gradually filling in the depression and increasing biological productivity. This process is referred to as **eutrophication**. The presence of human development activities around lakes and within the watershed speeds up this process and is referred to as **cultural eutrophication**. With increased nutrient availability comes increased plant and algal photosynthesis in the lake which then supports more fish and other animals in the lake. Such lakes fall into the **mesotrophic** category which is not detrimental in terms of human use of lakes, though I would recommend not drinking water directly from the lake. Large increases in nutrient availability and associated algal productivity and plant growth will negatively impact the lake habitat, water quality and human activities. Such lakes are classified as **eutrophic** or **hypereutrophic**. The water quality in such lakes may restrict how we can use the water safely. . You will see below the average values of three environmental variables (left hand column) as associated with three broad trophic (productivity) categories (Wetzel, 2001).

Variable	Oligotrophic	Mesotrophic	Eutrophic
Secchi Disk Transparency (meters)	9.9	4.2	2.45
Chlorophyll a (parts per billion)	4.2	16.1	42.6
Total Phosphorous (parts per billion)	8.0	26.7	84.4

The three environmental variables are used to determine the trophic state index of a lake for example Lake George, a long recognized pristine lake, falls within the oligotrophic category. Saratoga Lake is recognized as a mesotrophic lake by the but is closing in on eutrophic status. For the purpose of the those using the lake it is not the trophic index number that is important, but rather what that means about conditions within Saratoga Lake. Saratoga Lake has a good warm water fishery (fish such as bass that can tolerate warm water) because of the amount of organic matter produced by photosynthesis supporting the food web within the lake. It lacks an appreciable cold water fishery due to the lack of oxygen in the hypolimnion (deep waters) where fish such as trout would need to be to escape warm surface temperatures in the summer. We are starting to see shoreline Blue-green algal blooms happening in the mid-to late summer which is supposed to be the time of "clear water". Rising lake temperatures and an abundance of phosphorus is largely responsible for these phenomena. Some but not all Blue-green blooms are harmful (HABs or harmful algal blooms) and the concern is that humans and other animals can be impacted by them.

Saratoga Lake is ageing and becoming more eutrophic with further development along the shore and within the watershed. The addition of runoff nutrients to the lake from the development and the recycling of nutrients (specifically phosphorus) from the hypolimnion is controlling this process. After the "Clean Water Act" in the 70s Saratoga Lake temporarily reversed the aging process during the 1980s due to the installation of the municipal sewage system around the lake and the removal of municipal sewage waste from streams entering the lake. This reversal is gradually being overwhelmed by the increased development surrounding the lake.

The question being faced by SLA, SLPID, towns and all users of the lake is when will the lake water quality degrade to the point where it might be useable for a portion of the summer (would you consider this a tipping point?). I have in other lakes observed surface algal blooms that were sufficiently thick that if you added this water to an empty coke bottle you would not be able to see through it. Delaying the encroachment of such conditions is in your best interest, but it is not without cost. Decreasing the amount of soil and nutrients entering the lake is a critical factor in slowing(reversing) the eutrophication process. Decreasing runoff on your own property this may not be that expensive although in some cases it could have a significant cost. The towns around the lake face more significant costs if they are to make the municipal infrastructure more lake friendly. It is up to everyone to do what they can to slow the nutrient addition to the lake. Failure to do this in the long run will result in far greater costs associated with maintaining water quality. The time-worn adage is "an ounce of prevention is worth a pound of cure" applies to maintaining lake health as well as it does to human health.

Best,

Dan

Wetzel, Robert, 2001. "Limnology: Lake and River Ecosystems. Academic Press



The Fishing Professor

Fishing in a Canadian Wildfire and Bloody Thumbs

By Bob Turner

Truth be told, I had no idea how the thick haze of Canadian wildfire smoke would affect fishing on Saratoga Lake. As I was heading out, the Missus asked me if I knew that “haze create health hazard for sensitive people” I told her my fishing buddy, the Hungarian, has been called many things, but a sensitive person is not one of them.

As we pulled out of Point Breeze Marina, there was a strong smell of smoke in the air-- and not the usual smell of barbequing steaks and burgers that pervades the lake in the early evening. The lake was smooth as glass and there was only one other boat on the lake. As you can see from the photo below, the visibility was terrible, and we could barely make out the traditional landmark of Snake Hill on the other side of the lake. It reminded me of my favorite Gary Larsen cartoon about the two guys fishing during a nuclear attack.

The water temperature was 66 degrees, which means that bass are post spawn and very hungry and active. This is some of the best fishing of the year. There are a variety of lures that work well- shallow floating jerkbaits, swimbaits, Senkos, chatterbaits, swim jigs, and small topwaters- some better than others depending on water clarity and depth.

The skies were pretty dark, so we thought the fish might be in shallow. I always start fishing the edge between the thick weeds and the rocky bottom in about 4 feet of water with a topwater lure. Bass will come from far away to smash them, particularly smallmouth. They are a great search bait to find out where the fish are.

I started with a Heddon 3” bone colored spook. It is my go to topwater lure. Their back and forth sashaying action produces a ton of commotion, and perfectly imitates a dying baitfish. It takes a bit of practice to get the “walking the dog” right, but once you do, it is hard to beat. Make a short 6” light twitch with your rod tip which will cause the bait to jerk to one side. Reel in the slack and give another short twitch and it will shoot in the other direction. If you just reel it back, it will come up straight back which defeats the side to side action of the lure.

I am happy to report that the fish of Saratoga Lake are not sensitive or affected in any way by haze. We easily caught 30-40 bass in 3 hours. I was getting hits on almost every cast. I don’t know whether it was because there was no boat traffic or low light conditions, but I got my Saratoga small slam of a largemouth, smallmouth, pickerel, rock bass and bluegill.

It was so good, that we went out the next night to the same area. Once again, the lake was smooth as glass and no other boats on the lake. We proceeded to pound them as well. Nonstop topwater action- a bass angler's dream. I didn't get back out again on Saratoga until Sunday afternoon. I think there were about 200+ boats and jet skis. The technical fishing term for this is sh#\$ show. We decided to try the eastern shore of the lake where there was slightly less boat traffic. There was a ton of grass and weeds on the surface so I shifted to throwing a watermelon senko, wacky rigged, on the edge of weed beds in about 6-8 feet of water. The action was steady, and we ended up with 25 bass and a couple of pickerel.

When the Hungarian and I first started fishing Saratoga regularly about 12 years ago, we used to routinely catch 30-40 bass. It lived up to name- the "Fish Factory" - that Tim Blodgett of Saratoga Tackle and Archery gave it. However, truth be told, Saratoga Lake has not been treating me well this past couple of years. However, I am cautiously optimistic that Saratoga Lake is back.

While I have been lucky in fishing, I have been less lucky in removing hooks from the fish. Or maybe my luck in catching extends to thumbs as well as fish. I have deeply embedded fish hooks in my left and right thumbs respectively two times in the past three weeks in two different lakes. I will save you the gory photos. When I went in to Saranac Hospital, the charge nurse said, "You are my first fish hook removal of the season." I asked if she got many, and she pointed at the large container with hundreds of lures that had been removed from careless anglers (see below). Who knew that Saranac Hospital is the Sloan Kettering of fish hook removal? Two week later, a spunky pickerel sunk a treble hook deep in my right thumb on Sunday night on Saratoga Lake. The Malta Urgent Care was far busier that night and I didn't get home until 2am. While they don't have a trophy case of lures, the care was excellent.

Getting a fish hook stuck is a bad idea for 3 reasons. # 3. It hurts and bleeds a surprising amount; #2 you suffer an endless number of bad puns, "caught a large mouth?"; "now you know how the fish feel"; "I thought you were an experienced fisherman". #1 the copays.

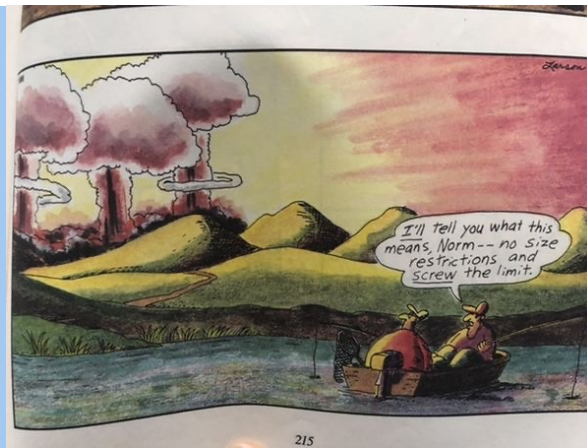
Random Saratoga Lake News

The Saratoga Tackle Tuesday Night Bass Challenge starts on Tuesday June 27. You can find the full rules on the Saratoga Tackle and Archery webpage or Facebook page [HERE](#).

A big thanks to state Assemblywoman Carrie Woerner for snagging \$1 million in funding for Saratoga Protecting Land and Nature to purchase and protect Snake Hill in the Saratoga Lake watershed.



Above: fishing in a smoky haze, 5:00pm on June 7th
Below: My favorite Gary Larsen cartoon.



Above: The "Trophy Board" at Saranac Hospital, the Sloan Kettering of fish hook removal.

Below: Smallmouth Bass



Great Showing for the first Water Chestnut Pull!

CLICK [HERE](#) TO REGISTER FOR THE AUGUST 1ST EVENT.

AUGUST 9TH RAIN DATE.

Thanks to all who came to the first "Water Chestnut Pull". Sponsored by the Kayak Shak, Saratoga PLAN, and Capital Region PRISM (Partnership for Regional Invasive Species Management), 12 people showed up, some with kayaks, some were provided a kayak by the Kayak Shak. They concentrated on the area around the Kayak Shak and Staffords' Bridge. Water Chestnut's look like parsley sitting on top of the water. It is removed by reaching down and pulling out as much of the plant as possible. The plant is put in a bucket and brought to shore. They can be laid in the sun to dry out. More infested areas are along the sides of the creek from Stafford's Bridge to Bryant Bridge, especially Broken Bridge. Please feel free to share this with friends to join the August 1st "pull".





saratoga PLAN
Preserving Land and Water

Kayak Shak

Water Chestnut Removal Fish Creek

June 27th (rain date July 3rd)
5:30-7:30pm

August 1st (rain date August 9th)
5:30-7:30pm

Join Saratoga PLAN, Kayak Shak, and the Capital Region PRISM to remove water chestnut from the Fish Creek outlet on Saratoga Lake!

Register for this Event
Visit capitalregionprism.org/events or click the dates below!
[Click to Register for June 27th](#)
[Click to Register for August 1st](#)
Maximum of 25 participants.

Event Location
Kayak Shak
251 County Route 67
Saratoga Springs, NY 12866

Recommended Supplies
Bring your own boat & life jacket
Limited loaner kayaks available
Hat - Snacks - Water
Sunscreen - Gloves - Water Shoes
The New York State Department of Environmental Conservation provides financial support to The Capital Region PRISM via the Environmental Protection Fund




WATER CHESTNUT PULL: REGISTER FOR AUGUST 1ST EVENT [HERE](#).



Saratoga Lake Sailing Club

The rites of spring: SLSC hosted two “work parties” where members make the house, grounds and docks and boats shipshape for the summer.

Our Memorial Day Brunch officially opens the season.

Racing, sailing school and pleasure sailing are in full swing, and our Sunfish, Laser, YFlyer and Thistle fleets are already hosting regattas.

We’re proud to say that our Thistle fleet’s Adirondack Regatta is a “**Sailor for the Sea Clean Regatta**” to help reduce our waste and keep the lake clean. “**Clean Regattas**” is the world’s leading sustainability certification for all on-the-water, near-the-water, and water-loving events.

The SLSC racing season lasts from May to October, on Sunday afternoons and Wednesday evenings. Lasers, Flying Scots, Sunfish, Ensigns, Thistles, Kestrels, Y-Flyers, MC Scows and open fleet boats compete on a large course, which usually set somewhere between Snake Hill and SLSC.

“On the Block” shows a listing of the boats currently for sale, either by the club or club members. Please refer to the following link:

<https://sailsaratoga.org/on-the-block>

Happy Sailing!



Classes begin at Saratoga Lake Sailing School
Below: our clubhouse is ready for the summer season at SLSC



Brown Road Racing Notes

Looking forward to the Horse Racing Women's Summit on 8/3 at Saratoga Race Course.

Abstract Moment - Raced 6/17 at Laurel Park - finished 2nd

Empire Ride - Winner @ BEL 6/24/23 in partnership with West Point Thoroughbred (photo below)

Our newest phillies in partnership: Bonnie Morocco (Hard Spun 21) & La Salvadorena (Oscar Performance 21)

Seahorse is currently at Parx. She will be arriving soon at Burke Equine in Saratoga for a little time off.

No Payne is also at Burke Equine in Saratoga for a little time off.

See photos below. Looking forward to the Saratoga Racing Season and cheering on our horses with our Brown Road Racing partners.



BRR partners are preparing a Pine Grove cabin for a backstretch family's arrival.



Winner! Empire Ride @ Belmont on 6/24/23 in partnership with West Point Thoroughbred



We toured the new Saratoga Backstretch Clinic.



Dekanter is stabled at the Oklahoma Training Track with trainer Jorge Abreu and plenty of admirers!



Joan Wade-Keszey, June 14th, 6:40am



Pat Tuz
Visitor on our deck.
550 Waterfront in the distance.



Please join us in thanking and supporting our **Business Members**. Below is a directory with links and phone numbers. If you own a business in our community, please consider joining the **Saratoga Lake Association**.

AUCTION SERVICES

Auctions International, *Professional Auctioneers*: 11167 Big Tree Rd East
Aurora, NY 14052 | 800-536-1401 | Auctionsinternational.com

BOAT RECREATION AND SERVICES

Adirondack Cruise & Charter Company: 549 Union Ave, Saratoga Springs, NY
12866 | (518) 956-2626 | adkcruise.com

Boat N RV CONDOS: 1428 NY-9P, Saratoga Springs, NY 12866 | (518) 583-
1600 | boatnrvcondos.com

Kayak Shak: 251 County Rte 67 Saratoga Springs, NY 12866 | (518) 587-9788
| kayakshak.com

Saratoga Lake Sailing Club: 163 Manning Rd, Ballston Spa, NY 12020 | (518)
584-9659 | www.sailsaratoga.org

Saratoga Powerboat Marina and Repair Services | 251 Co Rd 67, Saratoga
Springs, NY 12866 | (518) 598-3091

BUILDING and HOME SERVICES

Pressureworks: pressure washing and detailing | (518) 209-8091
| <https://pressureworksny.com>

Prime Builders Corporation: Prime Building Corp | 712 Route 9P Saratoga
Springs, NY 12866 | 518-810-2390 | Primewaterfrontbuilders.com

Trudeau Home Improvements: (518) 669-0400 | adamtrudeau14@yahoo.com |

[Facebook.com/TrudeauHomeImprovements](https://www.facebook.com/TrudeauHomeImprovements)

CAMPGROUND

Lee's Park: 1466 Rt. 9P Saratoga Lake, New York | (518) 584-1951 | leespark.com

CHILD CARE

Maple Leaf Child Care Center: 2737 U.S. 9, Ballston Spa, NY 12020 | (518) 889-5045 | Mapleleafchildcare.com

CHRISTMAS TREES AND WREATHS

Boulder Brook Farm: 5186 Nelson Ave Ext, Ballston Spa, NY 12020 | (518) 584-1637 | Boulderbrookfarm.com

DINING

Carson's Woodside Tavern: 57 NY 9P, Ballston Spa, NY 12020 | (518) 584-9791 | Carsonswoodside.com

Dunning Street Station: 2853 State Route 9, Malta, NY. 12020 | (518) 587-2000 | <https://www.dunningstreetstation.com>

Lake Ridge Restaurant: 35 Burlington Ave., Round Lake, NY. 12151 | (518) 899-6000 | lake-ridge.com

GOLF

Saratoga National: 458 Union Ave, Saratoga Springs, NY 12866 | (518) 583-4653 | Golfsaratoga.com

FINANCIAL SERVICES

KING Wealth Management Group: 270 W Circular St #1, Saratoga Springs, NY 12866 | (518) 306-5640 | Kingwealthmanagementgroup.com

NewYorkATM.com: (917) 842-6201 | Jon@newyorkatm.com | NewYorkATM.com

INSURANCE

The Connors Agency *Insurance*: 40 North Central Avenue, Mechanicville, NY 12118 | (518) 664-7307 | connorsgroup.com

Debra Lamay Agency: 2537 Route 9, Suite 200 | Malta, NY 12020 | (518) 400-1175 | debralamayagency.com

LEGAL SERVICES

Martin, Harding & Mazzotti, *Personal Injury Attorneys*: 18 Division Street, Suite 413 Saratoga Springs, NY 12866 | 1800law1010.com

LIQUOR STORES

Barrymore's Wines & Spirits: Barrymore's Wine & Spirits | 1456 Rt 9P, Saratoga Springs, NY 12866 | (518) 583-2673 | barrymoreswineandspirits.com

MARKETING

The Creative Advantage: 620 Union Street, Schenectady, NY 12305 | (518) 370-0312 | Thecreativeadvantage.com

Power Communications: 1114 Ellsworth Boulevard, Malta, NY 12020 | (518) 587-5995 | powerny.com

MARINAS

Fish Creek Marina: 251 Stafford Bridge Road, Saratoga Springs, NY 12866 | 518-584-1901 | Fishcreekmarina.com

Saratoga Lake Marina: 549 Union Avenue Saratoga Springs, NY 12866 | 518-796-5223 | saratogalakemarina.com

MEDICAL

Joseph Schwartz, MD, *Medical & Cosmetic Dermatology*: (518) 274-4305 | 137 Hoosick St Troy, NY 12180

<http://josephschwartzdermatology.com>

New York Pain Management, Dr. Charles F. Gordon III, MD, one of the most comprehensive centers in the world for treating acute and chronic pain: 518-371-0777, <https://www.nypainfree.com>

REAL ESTATE

Howard Hanna Real Estate: Ed Brewer, Phone: 518-428-6184, Email: edwardbrewer@howardhanna.com

The Richer Team at Hanna Commercial Real Estate: 20 Aviation Rd, Albany, NY 12205 | (518) 364-7406 | Hannacre.com/professionals/listings/jessica-richer

WEB DEVELOPMENT

3Tone Digital: web development, digital marketing, IT services: (518) 888-3212 | <https://3tonedigital.com/services/>



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