



*I have to admit to being a bit "frosted" with Mother Nature.*

# Shore Lines

The Saratoga Lake Association

P.O. Box 2152

Ballston Spa, NY 12020

[www.saratogalake.org](http://www.saratogalake.org)

<http://www.facebook.com/saratogalake/>

[www.saratogalakecam.com](http://www.saratogalakecam.com)

March 1, 2015

Editors: Julie Annotto, [sinnidi@aol.com](mailto:sinnidi@aol.com)

Sharon Urban, [urbans@nycap.rr.com](mailto:urbans@nycap.rr.com)

## Frosted?

### Message from the President

SLA Board Member Steve Bleznyk has resigned due to work commitments that conflict with the time of our Board meetings. Fortunately, Steve has offered to continue the great work he does for SLA through his active participation through both SLA committees and as an individual contributor. Steve is part of the SLA's Outreach committee. He is Information Technology expert and created our Facebook page and helped Channel 10 News develop our lake camera on the southern end of Saratoga Lake. It can be accessed on the internet at [www.saratogalakecam.com](http://www.saratogalakecam.com) and is a great way for our snow birds to keep in touch. Additionally, Steve does a great amount of work on our SLA membership directory. On behalf of the Board, I want to express my sincerest gratitude to Steve for all of his efforts as a Board member and thank him for offering to continue to make a substantial contribution as a non-board member.

*(continued pg. 2)*

The DEEP FREEZE is getting all of us down!!! What have you been doing to cope? Have photos to share? How about indoor or outdoor events you are planning or attended. Have a photo of that big fish you caught! An easy comfort food recipe would be nice to share. Share your creativity. Submissions to Julie at [sinnidi@aol.com](mailto:sinnidi@aol.com) by March 17.

### Join the Events Committee for our 6th Annual Good Morning Breakfast at Mangino's Ristorante on Route 9P Saturday, May 2nd, 2015 at 9:30 a.m.

It's been a very long, cold & snowy winter ! Reconnect with your neighbors, friends and some new faces as we gather together to enjoy Mangino's wonderful breakfast buffet again this year ! The cost this year is \$18 per person & includes tax and tip.

With the passing of SLA's new by-laws, the Events Committee can no longer subsidize the cost of events.

Please send your reservation & check (made payable to SLA) by SUNDAY, APRIL 26<sup>TH</sup> to:

Dianne Fedoronko - c/o SLA  
PO Box 2152 - Ballston Spa, NY 12020

Hosted by Francine Baker & Laura Guillerault  
We all hope to see everyone there !

**Shanties must be off the lake by March 15th. Please remove any other debris that is on the ice as well. In other words, "If you take it on, take it off."**

President, con't

At our February 26th Board Meeting, Dr. Nora W. Perkins was elected to serve as a Board member. Nora grew up in the Finger Lakes. She and her husband, Scott, are building a home on Saratoga Lake. Nora is a physician with Albany ENT & Allergy Services, PC. She received her Bachelor of Science degree in Biology and Spanish at Union College in Schenectady, New York, where she was an honors graduate. Dr. Perkins was enrolled in the Union College/Albany Medical College Seven-Year Medical Program and continued her education at Albany Medical College, where she received her medical degree. Dr. Perkins went on to complete a five-year residency training program at Albany Medical Center in the specialty of Otolaryngology-Head and Neck Surgery. She then joined The Rochester Otolaryngology Group in Rochester, NY. During both her training and in her previous practice, Dr. Perkins performed all aspects of surgery involving the head and neck for both pediatric and adult patients. She has a particular interest in sinus disorders and laryngology. Dr. Perkins is a Diplomate of the American Board of Otolaryngology, a Fellow of the American College of Surgeons and a Fellow of the American Academy of Otolaryngic Allergy.

All my best,

Alan

## Notable News

[City Council agrees on most of comprehensive](#)

<http://blog.timesunion.com/tablehopping/46650/cliffs-country-inn-becoming-carsons-woodside-tavern/>

[Veteran job fair March 5](#)



**St. Patrick's Day**

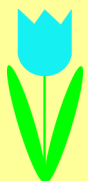
**March 17**

*A cultural and religious holiday*

**First Day of Spring**

**March 20**

*The Sun crosses the celestial equator along the ecliptic.*



## SLA Calendar for 2015

- March 13-15 Pond Hockey Winterfest at Brown's Beach
- March 26, 2015 Board Meeting
- April 23, 2015 Board Meeting
- May 1-3 NYSFOLA Conference, Hamilton, NY
- May 2,3 Paddle Fest Paddle Safety Course
- May-Breakfast at Mangino's 9:30 am
- May 2015 Spring Road Clean-Up
- May 30, 2015 -Brown's Beach Dedication
- June 2015 Boat Safety Class
- June 16, 2015 Cocktail Party
- June 25, 2015 Board Meeting
- **July 3, Fireworks by SLPID**
- July 2015 Annual Meeting
- July 2015 Boat Safety Course
- July 23, 2015 Board Meeting
- August 8, 2015 Breakfast at Track
- August 13, 2015 Evening at the Furniture House
- September 10, 2015 - Overview of the History of the Lake at Saratoga Public Library
- September 13, 2015 Goodbye Summer Party (Malta Park, Brown's Beach or Waterfront Park?)
- September 24, 2015 Board Meeting
- October -Fall Roadside Clean-up
- October 22- Board Meeting
- November 17-20, North American Lake Management Society (NALMS) 35th International Symposium in Saratoga Springs, NY.
- December 10, 2015 Holiday Party at Panza's



There is a continuing line-up of events for the upcoming centennial in Saratoga Springs. Visit their website often at:

<http://www.saratoga.com/aboutsaratoga/centennial/events/>



*Ice sculpture from Family Day at Brown's Beach.  
Photo by John Pamper.*



*Tom and Carol Dooley with friend Kay, in Venice, Florida.  
Looks like Tom found a friend.*



*Linda and John Couse missed the "winter wallop" and are toasty, not frosty, in Florida.*



*Tina Pamper celebrated her birthday at Vapor with over 20 family and friends. They danced to music by the New York Players. Party planners were Sara Kipp and Michelle Barron, her friends from Stillwater Library.*

## News from the Malta Highway Department Spring 2015

**Brush pick-up will be May 4<sup>th</sup> thru May 15<sup>th</sup> ONLY. Have all items out by Sunday night, May 3<sup>rd</sup>.** Place cut-end of branches toward road and at least 4 feet in length. Tree stumps or root balls **WILL NOT BE** accepted. Anything that does not meet the above criteria will have to be disposed of by the homeowner. If you have any further questions please call 899-2818. **THERE WILL BE NO EXCEPTIONS!**

**LEAF PICK-UP CHANGE:** County Waste has notified us that **yard waste pick-up will only be provided to County Waste customers this year.** They will be providing their customers with stickers to mark the bags so they can keep track of their customers. If you would like more information regarding this call County Waste at 877-7007.

**There will be a Townwide bulk trash collection this year!** It is currently out to bid and you will receive notification of when it will take place sometime in mid to late spring.

### ALWAYS REMEMBER:

**The Town Right-of-way when doing outdoor projects!** In most cases the town right-of-way is 30' from the center of the road. The town is NOT responsible for repairing or replacing items within this area.

**If you have dead trees in your yard that could be in danger of falling onto a town road it would be appreciated if you could get them cut down and put out during our pick-up!**

Please remember when resurfacing your driveway that proper drainage and slope needs to be maintained!

**When there is major storm damage our Highway crew will go through the town to pick up fallen trees.** Please have them out by the road AS SOON AS POSSIBLE (same guidelines as brush pick-up).

**The following roads are expected to be resurfaced this year:** Patridge Drum, Mayapple Way, Arrowwood Place, Wineberry, Silver Beach and Hearn Road. We will also be replacing the culvert along East High and Raymond Road. Notification will be posted if a road needs to be closed at any time!

*Continued next column*

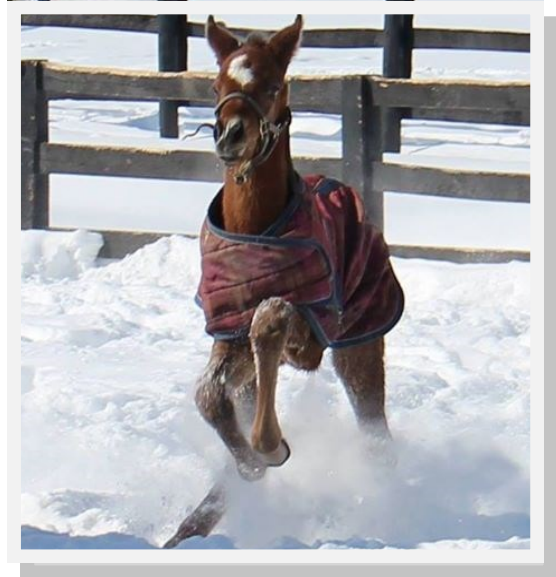
### HIGHWAY DEPARTMENT SUMMER HOURS

April thru September  
Monday thru Thursday  
6:00 a.m. to 4:30 p.m.

We are always happy to answer any questions or concerns that you have.

Contact us at 899-2818 or [highway@malta-town.org](mailto:highway@malta-town.org) with any questions!

Roger Crandall  
Highway Superintendent  
(Submitted by Nancy Fodera)



*The foals are multiplying at McMahan's Horse Farm on Fitch Road, so take a short detour on a sunny day and enjoy their antics.*

### Quiz Corner

*This one is designed for seniors – you only need 4 to pass!*

1. How long did the Hundreds Years' War Last?
2. Which country makes Panama hats?
3. From which animal do we get cat gut?
4. In which month do Russians celebrate the October Revolution?
5. What is a camel's hair brush made of?
6. The Canary Islands in the Pacific are named after what bird?
7. What was King George VI's first name?
8. What color is a purple finch?
9. Where are Chinese gooseberries from?
10. What is the color of the black box in a commercial airplane?

*Answers on page 9*



## Cornell Cooperative Extension

### 10 Things We Can Do To Protect Our Waters

Stop me if you've heard this already: *This sure has been one deep, tough winter!* I would be the first to second that. All the same though, time marches on and Spring is just around the corner. Despite the deep snow, ice, and cold outside as I type this today, the days are growing longer and the sun is riding higher in the sky. Even the 10-day forecast shows nearly all above-zero temperatures (Hi and Lo!) into next week...the first little shaft of daylight at the end of the tunnel!

Although the landscape doesn't fit with Spring right now, it soon will. And so a good time, I thought, to talk about Stormwater and Pollution Prevention. Before we know it, the snows and ice will melt and unfrozen precipitation will be falling from the sky. With that melt down and rainfall comes runoff. In terms of our local water resources and, indeed, the whole of the U.S., polluted stormwater runoff is a singular, ubiquitous, and powerful impact to water quality. It is singular in that its sources are everywhere and everyone. It is not any special sector, industry, or group but all of us...it is a very common denominator. It is ubiquitous because it is most-prevalent where ever we are, also, most-prevalent. It is powerful because it is the Number One impairment to our Fresh Water and Tidal resources; accounting for 45% of pollutants found in freshwater bodies and estuaries, nationally. Saratoga County and our waters, regrettably, are no different. But there is hope. Because we are the sources of the problem we can also be the solution (No! Dilution is not the solution.). Here are 10 things that anyone can do that will reduce stormwater pollution:

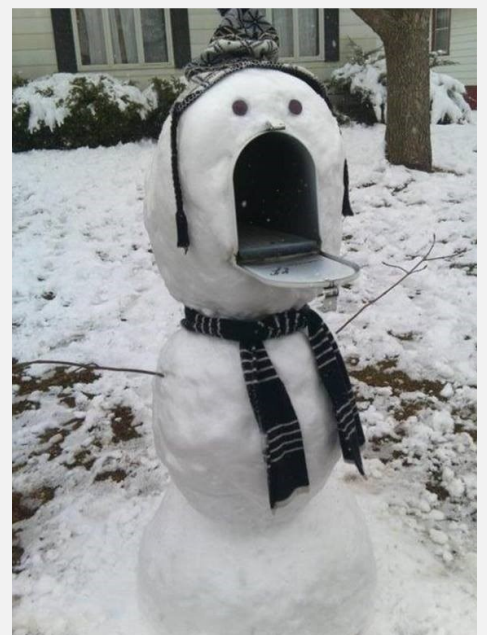
#### TOP 10 BMPs (Best Management Practices):

- Avoid over-fertilizing your lawn. Get your soil/s tested first;
- Plant alternative to turf grass, and make sure they are native species;
- Disconnect your downspouts from impervious cover – aim them at green space/s or install a rain barrel;
- Properly collect and dispose of pet waste;

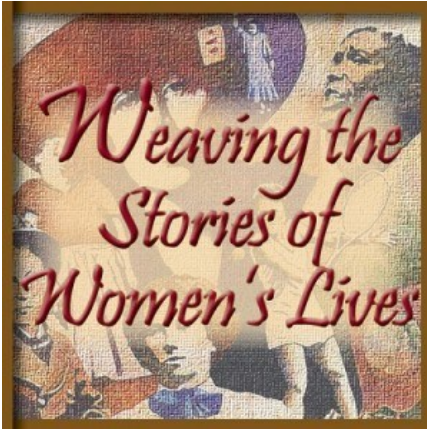
*continued*

- Be a stormwater detective – look for signs of flooding, pollution, or erosion in streams or from construction sites and report it;
- Plant a shoreline or stream buffer, if you have such property – again, use native species;
- Mow your lawn high (3" or greater) and compost yard debris;
- Wash your car on your lawn or at a carwash, not in your driveway;
- Get involved!! There are 19 individual local governments and communities that would welcome your help in preventing stormwater pollution;
- If you see what you think might be a problem, report it to your local stormwater management officer, or ...

To learn more about these BMPs, stormwater pollution prevention or where to get help locally, contact the Saratoga County/Cornell Cooperative Extension Intermunicipal Stormwater Management Program (ISWM): **Blue R. Neils**, Coordinator; brn5@cornell.edu, (518-885-8995, ext. 224, 50 West High Street, Ballston Spa, NY. You can also learn more by visiting us on the web at: [www.saratogastormwater.org](http://www.saratogastormwater.org).



*It's good to have humor in the face of this particular winter!*



"Our History  
is Our  
Strength!"

## Saratoga Paddlefest to Feature Kayak Safety Clinics

Saratoga Springs, NY  
May 2<sup>nd</sup> and 3<sup>rd</sup> 2015

March is National Women's History Month. Every year the National Women's History Project selects a unifying theme to be shared with all who want to promote women's history. Please feel free to use this theme and any other materials on our website for your programs or events.

This year's theme presents the opportunity to weave women's stories – individually and collectively – into the essential fabric of our nation's history.

Accounts of the lives of individual women are critically important because they reveal exceptionally strong role models who share a more expansive vision of what a woman can do. The stories of women's lives, and the choices they made, encourage girls and young women to think larger and bolder, and give boys and men a fuller understanding of the female experience. Knowing women's achievements challenges stereotypes and upends social assumptions about who women are and what women can accomplish today.

There is a real power in hearing women's stories, both personally and in a larger context. Remembering and recounting tales of our ancestors' talents, sacrifices, and commitments inspires today's generations and opens the way to the future.

2015 is also the 35th anniversary of the Women's History Movement and the National Women's History Project. We are proud that, after decades of dedicated research and technological advances, the stories of American women from all cultures and classes are accessible and visible as never before. Numerous scholars and activists helped shape the Women's History Movement, and also provided the research and energy which created and sustains the National Women's History Project. During 2015, we recognize and celebrate the many ways that women's history has become woven into the fabric of our national story.

Visit: <http://www.nwhp.org/2015-national-womens-history-month-honorees/> for this year's honorees.

Mountainman Outdoor Supply Company, New York's Largest Canoe, Kayak, and Stand-Up-Paddleboard Dealer, is pleased to present Saratoga Paddlefest 2015 on May 2<sup>nd</sup> and 3<sup>rd</sup> at its location on Fish Creek in Saratoga Springs.

Best known for its huge selection of canoes, kayaks and standup paddleboards Saratoga Paddlefest will this year feature a number of useful clinics and demos to make every paddling adventure a safe and successful one. Among these will be a seminar on Kayak Safety presented



by certified ACA kayak instructors Jeff and Laura Liebel. This FREE clinic will review the safety basics including safe entry and exiting, PFD fit, the pros and cons of inflatable PFD's, safety equipment, planning an outing and rescue skills both group and self. It will also introduce the group to a new ACA Paddle Ready smartphone app that

has great information, checklists and reminders all geared towards safe paddle outings. Laura and Jeff are the owners and co-founders of WeKanu, a canoe and kayak paddling school specializing in developing and certifying paddlesports instructors. Additional free clinics and demos will include those on Paddling Techniques, How to Choose a New Kayak and Stand-Up-Paddleboard Tips. Finally for those who really want to get their feet wet there will be a limited number of kayak courses offered for a small fee to get some more personalized instruction.

Saratoga Paddlefest showcases the largest selection of Canoes, Kayaks, Stand-Up-Paddleboards, and Whitewater boats in the Capital Region with over 1,000 Canoes, Kayaks, Stand-Up-Paddleboards, and Whitewater Boats to choose from. Factory representatives and industry experts will be on hand to answer questions and help paddlers learn about the latest trends in paddlesports.

Saratoga Paddlefest will be held May 2<sup>nd</sup> and 3<sup>rd</sup> at the Fish Creek Marina at 251 Stafford Bridge Rd. The event is free to the public, with a nominal fee for test paddling and individualized lessons. More information, a free event guide, a clinic schedule, and directions are available at [www.SaratogaPaddlefest.com](http://www.SaratogaPaddlefest.com).

## Status of the Bog Meadow Water Project

*Saratoga Springs Commissioner of Public Works, Skip Scirocco*

The Bog Meadow Project includes development of new water source capacity including the installation of 4 new large diameter groundwater wells, submersible pumps, piping, valves and appurtenances to connect this new source to the City's existing water infrastructure that supplements Loughberry Lake.

Additionally the project included upgrade of the existing Bog Meadow Surface Impoundment Pump Station and associated piping and controls. To date the groundwater wells have been installed and successfully yield tested, and each outfitted with submersible pumps. Piping and electrical conduit has been installed for the control of these pumps. The upgrade of the Bog Meadow Surface Impoundment Pump Station is also approximately 75% complete with the rehabilitation and coating of the pump station wetwell, installation of the new pumps and work on the controls largely complete. The well water will be pumped into the pipe that goes into the water treatment plant.

At this point, we are awaiting National Grid's upgrade of the Electrical Service to the Surface Impoundment Pump Station, which is also necessary to power the submersible pumps in the new groundwater wells. We anticipate that National Grid will complete this work by the end of March, and in April completion of the rest of the piping and controls work will be done. Our estimated date for completion of the project and connection of the

## Report on a Third Fire/EMS Station out Union Avenue

*Saratoga Springs Commissioner of Public Safety, Chris Mathiesen*

As the Commissioner of Public Safety for the City of Saratoga Springs, I have been working with my deputy, Eileen Finneran, our Fire Chief Robert Williams and Assistant Chief Peter Shaw and the Saratoga Springs City Council in order to establish a third fire/EMS station.

This station, to be located on outer Union Avenue east of the Northway, will service the eastern ridge/Saratoga Lake portion of our City and well as work in coordination with our other two stations to improve fire and emergency medical services for the entire City. We hope to be able to finalize the land acquisition soon that will bring us closer to this goal.

In the mean time, the City's ability to respond to medical emergencies for those living on the eastern ridge of our City near Saratoga Lake continues to be a challenge. Until we can build and operate the proposed third fire/EMS station, we are taking a number of steps to help to remedy this problem. Our fire chief has looked at ways to ensure that mutual aid sources are well coordinated. We have purchased AED's for our police cars so that we have a greater chance of reaching cardiac emergencies with these life-saving devices in a timely manner. Now, we are offering to our residents who reside in the eastern portion of our City the opportunity to train for dealing with medical emergencies.

It has been shown that individuals who are trained in cardiopulmonary resuscitation and in the use of an automated external defibrillator can improve the chances for survival for victims of heart attacks, strokes, choking, respiratory failure and other medical emergencies. Timing is of the essence. The sooner emergency care is instituted, the better is the chance for a positive outcome. Training our eastern ridge residents in CPR and the use of AED's may help to adequately stabilize a victim in an emergency scene until our paramedics and EMT's arrive. Our Fire/EMS Department will be offering training that could save the life of a friend, neighbor or loved one.

We will be contacting the home owners associations on the eastern ridge to offer CPR and AED training. Residents of the eastern ridge/Saratoga Lake area of our City can contact us for more information at 587-3550 extension 2627 or extension 2631.

### Ice Skating Opportunities

**East High Street and Hyde Boulevard** recreation field is open for free ice skating. The warming hut is open after school on Thursdays and Fridays from 4-7:00 pm, Saturdays from 10:00 am - 7:00 pm and Sundays from 11:00 am - 5:00 pm. Skates are available to borrow for free when the hut is open!

**Saratoga Spa State Park** has two outdoor rinks free and open until the lights go off. One is located off of the Avenues of Pines and the other is near the Victoria Pool.

**South Shore Marina** on Saratoga Lake has a rink and hockey nets for anyone who would like to grab a game or figure skate. There is a fee for parking a car.



**Daylight Savings Time  
Begins  
March 8**

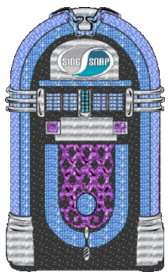


## Where did they all go ???

*A collection of expressions that will be remembered by many of us (!) and should amuse our younger readers. Thank you to Art Salvatore for forwarding this fun piece. It is written by Richard Lederer, Linguist.*

These phrases included: don't touch that dial, carbon copy, you sound like a broken record and hung out to dry. A bevy of readers have asked me to shine light on more faded words and expressions, and I am happy to oblige:

Back in the olden days we had a lot of moxie. We'd put on our best bib and tucker and straighten up and fly right. Hubba-hubba! We'd cut a rug in some juke joint and then go necking and petting and smooching and spooning and billing and cooing and pitching woo in hot rods and jalopies in some passion pit or lovers' lane. Heavens to Betsy! Gee whillikers! Jumpin' Jehoshaphat! Holy moley! We were in like Flynn and living the life of Riley, and even a regular guy couldn't accuse us of being a knucklehead, a nincompoop or a pill. Not for all the tea in China!



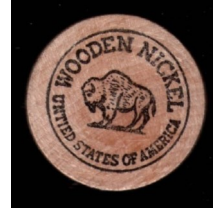
Back in the olden days, life used to be swell, but when's the last time anything was swell? Swell has gone the way of beehives, pageboys and the D.A.; of spats, knickers, fedoras, poodle skirts, saddle shoes and pedal pushers. Oh, my aching back. Kilroy was here, but he isn't anymore.

Like Washington Irving's Rip Van Winkle and Kurt Vonnegut's Billy Pilgrim, we have become unstuck in time. We wake up from what surely has been just a short nap, and before we can say, "I'll be a monkey's uncle!" or "This is a fine kettle of fish!" we discover that the words we grew up with, the words that seemed omnipresent as oxygen, have vanished with scarcely a notice from our tongues and our pens and our keyboards.



Poof, poof, poof go the words of our youth, the words we've left behind. We blink, and they're gone, evanesced from the landscape and wordscape of our perception, like Mickey Mouse wristwatches, hula hoops, skate keys, candy cigarettes, little wax bottles of colored sugar water and an organ grinder's monkey.

Where have all those phrases gone? Long time passing. Where have all those phrases gone? Long time ago: Pshaw. The milkman did it. Think about the starving Armenians. Bigger than a bread box. Banned in Boston. The very idea! It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Turn-of-the-century. Iron curtain. Domino theory. Fail safe. Civil defense. Fiddlesticks! Kiddiddlehopper! You look like the wreck of the Hesperus. Cooties. Going like sixty. I'll see you in the funny papers. Don't take any wooden nickels. Heavens to Murgatroyd! And awa-a-ay we go!



Oh, my stars and garters! It turns out there are more of these lost words and expressions than Carter had liver pills. This can be disturbing stuff, this winking out of the words of our youth, these words that lodge in our heart's deep core. But just as one never steps into the same river twice, one cannot step into the same language twice. Even as one enters, words are swept downstream into the past, forever making a different river.

We of a certain age have been blessed to live in change-ful times. For a child each new word is like a shiny toy, a toy that has no age. We at the other end of the chronological arc have the advantage of remembering there are words that once did not exist and there were words that once strutted their hour upon the earthly stage and now are heard no more, except in our collective memory. It's one of the greatest advantages of aging.

We can have archaic and eat it, too!  
Badda Bing, Badda Boom!



# Memories



## Third Annual Mom Prom Coming in April



It's that time again! If you are looking for a fun-filled Girls Night Out in support of a great cause, then the **Saratoga Mom Prom** is the place to be! **Saratoga Mom Prom** is a non-profit organization that raises money for charities that support women and children. In a few short years, the Mom Prom 'concept' has spread across the country and on **Saturday April 18, 2015 from 7pm-**

**11pm** we will be hosting our third annual Mom Prom at **The Holiday Inn, Saratoga.**

The Mom Prom is a real prom with a D.J., a crowning of a prom queen, tackiest dress contest and fabulous raffle and auction items. This year's event will benefit **Camp Abilities, Saratoga** ([www.CampAbilitiesSaratoga.org](http://www.CampAbilitiesSaratoga.org)). This is a one week overnight developmental sports camp held at Skidmore College for children and teens who are blind, visually impaired or deaf blind.

So ladies, pull out those old prom gowns, bridesmaid dresses or find the tackiest dress in a thrift shop and join us for a night of dancing, light fare, cash bar, raffle baskets, good company and humorous prom traditions!

For ticket information and a look at past Mom Proms please visit our website at [www.SaratogaMomProm.com](http://www.SaratogaMomProm.com). And remember, you don't need to be a mom to join us! (submitted by Maureen Maciariello)

### Answers to Quiz on Page

1. 116 years
2. Ecuador
3. Sheep and Horses
4. November
5. Squirrel fur
6. Dogs
7. Albert
8. Crimson
9. New Zealand
10. Orange

## It's So Cold You Could Walk Across Lake Erie

By Brian Resnick

National Journal – Wednesday, February 25, 2015

Let's make this clear right away: In no way is it a good idea to trek from United States to Canada via Lake Erie, which is currently a frozen wasteland of ice, wind, and snow...

The hike has been done before. Or, at least, people have claimed to have accomplished the trek, which at its narrowest approach is around 25 miles across...

Other would-be lake-crossers have had their journeys end in tragedy. In 1994, a group of Buffalo, N.Y., area law students fell through the ice and died...

The Great Lakes region as a whole is approaching record-level ice coverage: 85.6 percent of the total lake area is iced over (the long-term average winter ice cover is around 50 percent). Last year, the region saw 92.4 percent ice cover. It's possible that figure will be topped this season.

Being the shallowest lake, Erie freezes the fastest. Since 1970, Erie has completely frozen over three times: in 1978, 1979, and 1996. This year could be the fourth.

### Stillwater Free Library

662 Hudson Avenue; Stillwater,  
NY 12170

**Little One's Library Time** ~ Fridays 3/6 & 3/20 at 11:00am. \*\*\*New Time\*\*\* Join us for some special library time just for our littlest future readers and bloggers! (babies)

**TEEN NIGHT** ~ Friday, 3/6 at 6:00pm. Explore YOGA and learn to relax at home or in school... (middle school and up)

**Library Time with Miss Carol** ~ Thursday 3/12 (St. Patty's Day) and 3/26 (Easter) at 4:00pm or 6:30pm. Join us after elementary school parent pick-up, or later in the evening if that suits you better. (elementary age)

**Evening Book Club** ~ Tuesday 3/17 at 7:00pm. Join us to discuss Little Bee by Chris Cleave

**Board of Trustees meeting** ~ Tuesday 3/24 at 7:00pm: Open to the public.

**Charlie's Non-Fiction Book Club** ~ Friday 3/27 at 7:00pm. Join us to discuss Cleopatra by Stacy Schiff.

## Are your Pipes Freezing?

(helpful hints taken from Saratogian Newspaper  
article by Jennie Grey)

- Start prevention in the fall. Before snow accumulates around your house's foundation, check for cracks. Step carefully into your basement with the lights off. From outside, light will glimmer in through any chinks in the walls, alerting you to places that need repair and insulation.
- On a cold, windy day, you can check for holes by leaving the basement lights on, but pulling off your gloves. Hold up a bare hand and note where you feel cold air from outside.
- When it's super-cold, like 10 degrees below zero, open the doors of any kitchen cabinets on exterior walls. The temperature difference between these cabinets' interior and the rest of the kitchen can be startling. Opening the doors allows the room's heat into the cabinets, protecting any pipes that run behind them through the outside wall.
- Use expanding foam to insulate.
- When you are laying pipe, the deeper, the better. Pipes below the frostline are protected.
- In autumn, shut off any outside water faucets from the inside. Drain your garden hose hookup.
- When it's bitterly cold, turn up the thermostat six degrees.
- Leave the cold-water faucet on a trickle. Everyone from longtime city officials to new homeowners agrees with him.
- Winterize your house when you need to. Pump out the water; inject the pipes with antifreeze. Drain the water heater.
- If you vacation for all or part of the winter, you need to take extra care of the house you leave behind. Keep the heat on. Keep the water on and run that trickle. Someone should check the house daily.



## News from the Stillwater Fire Company

“Close The Door”

What if the information you shared with one resident, just one, ended up being the sole reason they lived through one of the scariest and most deadly situations imaginable; a house fire. Simple right?

While this has been known for quite some time, recent research has proved that closing the door can have a major impact on the conditions in a burning home. A fire needs three things to exist; heat, fuel and oxygen. If any of these elements are interrupted the fire begins to diminish. But most of the time the fire is not the most lethal part of the event, its actually the production of dangerous gases as well as the reduction of other gases such as oxygen that causes a home fire to be deadly.



A fire produces many dangerous chemicals that make up smoke, a major one being carbon monoxide. Fires today burn 800% faster due to the heavy use of synthetics which our furnishings are made of. With these synthetics and the faster release of their fuel, fires today are producing larger amounts of smoke and carbon monoxide than ever before. Along with this faster release comes a limited time to escape. Add to that lightweight building system components and open space plans of American homes and unfortunately during a fire, it's a recipe for disaster in the case of a fire. The simple task of closing your bedroom door before you go to sleep may be a life saver.

Many fires as well as research burns show the life-changing conditions that can exist just by closing the bedroom door. For a fairly long amount of time, a simple hollow-core door can provide refuge and stop the progression of smoke and fire into any living space.

I hope by now you understand the importance of this simple action of closing the door coupled with the installation and maintenance of smoke and carbon monoxide alarms will certainly go a long way in helping to survive a fire. Please pass the word.

(Submitted by Tom Rinaldi, Commissioner, Stillwater Fire District – Arvin Hart Fire Company)

**A February like this will never happen again in your lifetime! It happens only once every 823 years!**

There are:	4 Sundays	4 Mondays
	4 Tuesdays	4 Wednesdays
	4 Thursdays	4 Fridays
	4 Saturdays	